



**FIRST TERM EXAM**

First name :  
Family name :

Grade : 9<sup>th</sup>  
Class :

The medical journal Annals of Japanese Medicine reported last week that one third of the working age population in Japan was suffering from stress.

In the modern general hospital near Tokyo, 32 per cent of the patients hospitalised in the internal medicine psychology ward are being treated for chronic fatigue syndrome.

"I could not even get up from my treatment", said Hiroaki Sugihara, 36, who was hospitalised for three months recently. "I was too tired to walk, and it was very difficult for me to get around, even in the house". With medicine and counselling Mr. Sugihara's health slowly began to improve.

The doctor's diagnosis showed that Mr. Sugihara's condition was caused by overwork. Indeed, during the boom years, especially in the seventies and the eighties, as many as 10.000 Japanese were believed to have died annually from overwork.

In a recent study, Dr. Toshiho Lida, a leading specialist in treating chronic fatigue, reports that the number of patients suffering from stress is on the increase. He notes that the symptoms, which include weakness, irritability, difficulty in concentration, insomnia and often fever, remain unexplained. As for the causes, he thinks that they have to do with the changes in the Japanese society which have been accelerating in the last decade. These changes range from eating habits, environmental problems, overwork, family relationships, housing, and many other things. In the urban areas, for example, people no longer know who lives next door, and that produces stress.

**I-COMPREHENSION : (14 points)**

( Base your answers on the text)

**A) Answer these questions : (6 points)**

1- Which symptoms showed that Mr. Sugihara was suffering from stress ?

.....  
.....

2- How did Mr Sugihara's state of health get better ?

.....  
.....

3- What effect did overwork have on the Japanese ?

.....  
.....

**B) Are these statements true or false ? Justify (4 points)**

1- One third of the Japanese population suffers from stress

.....

2- The number of people with stress is getting lower.

.....

**C) Find words or expressions that mean the same as : ( 3 points)**

1- every year : ..... 2- anger : ..... 3- get better : .....

**D) Fill in the blanks with one word from the text (1 point)**

Having examined him, the .....proved that overwork was the cause of Mr. Sugihara's state of health .

**II- LANGUAGE : ( 14 points)**

**A) Fill in the blanks with an appropriate word from the list : (4 points)**

been - gone - since - for - neither - have to - need to - so - had to.

1- **Ali** : I don't like horror films.

**John** : ..... do I.

2- **Jim** : Where has Sally .....? I can't see her.

**Mary** : Let's go and look for her.

3- "I've lived in Marrakesh.....I was born," Anas said.

4- "I'm thirsty. I really ..... have something to drink", Kamal said.

**B) Give the correct form of the verbs in brackets : (3 points)**

**Tim** : What a beautiful jacket ! Where (1. you/buy) .....it ?

**Kyle** : At the fashion shop. I (2. go) .....there with my brother yesterday afternoon.

**Tim** : I think I'll get one, too. I ( 3. not have ).....a new jacket for a year now.

**C) Rewrite the following sentences as indicated : (2 points)**

- 1- My uncle had a beard, but now he has a moustache.  
He used .....
- 2- Jawad works overtime. He wants to improve his situation.  
.....so that .....

**D) Fill in the blanks with an appropriate word. The first letter is given ( 3 points)**

- 1- **Tom** : What would you like to drink, Peter ?  
**Peter** : A **c**\_\_\_ of coke, please
- 2- When Bill practises skateboarding, he always wears a **h**\_\_\_ to protect his head.
- 3- Bob felt **d**\_\_\_ when he was looking down from the top of the building .

**E) What would you say in the following situations ? (2 points)**

- 1- **Your friend** : My Maths teacher isn't satisfied with my work .  
**You** : .....(**recommend something to your friend**)
- 2- **Jane** : I guess Brazil will win the next world cup in Germany  
**You** : .....(**express agreement**)

**III WRITING : ( 12 points)**

*One of the best ways to keep fit and healthy is regular physical exercise.  
Write an article to your school magazine. List the advantages of sports and tell  
about the problems one can have if he/ she doesn't exercise*

<p>ELARAKI School Magazine E.S Marrakesh</p> <p style="text-align: center;">Dear .....,</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p>	<p>Marrakesh January .....,06</p>
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